Missing Element Sports – 7on7 Season Information & Schedule Outline

WELCOME

Welcome to Missing Element Sports 7on7 Football. We are excited to partner with you and your athlete for a season focused on growth, development, and high-level competition. Our program is designed to build complete football athletes—physically, mentally, and technically—so they are fully prepared for opportunities in the summer, fall, and beyond.

OUR 70N7 PROGRAM

"Development Before 7on7" - Our Core Motto

At Missing Element Sports, we believe that the purpose of 7on7 is not just to "play games," but to use the off-season as a true development window. Our structure is built to ensure every athlete improves their technique, IQ, confidence, and long-term performance.

PROGRAM DESCRIPTION

Player Assessments

Before the season, each athlete undergoes baseline athletic and skill assessments. This includes movement evaluation, speed testing, position-specific skill assessment, and competitive reps. These assessments help us understand each athlete's strengths and areas of need.

Individual Development Plans (IDPs)

Every athlete receives a personalized development plan based on their assessment results. This outlines:

Skill priorities

- Physical performance goals
- Technical corrections
- Areas for IQ improvement

These plans allow us to develop the athlete beyond weekend tournaments.

Progress Tracking & Real-Time Feedback

Throughout the season, athletes are re-tested and evaluated. We track:

- Speed + agility progression
- Skill improvement
- Competitive performance
- Execution of their individual plan

This system allows us to give real-time, actionable feedback for every athlete, ensuring development is measurable and consistent all spring.

Start Date and Schedule for Athletic Development and Position Training:

Pre-Season Training Schedule:

Nov. 20th-Jan 1st (With Respect to Holidays)

Athletic Development:

Fridays there are no 6pm sessions

SUN	MON	TUES	WED	THURS	FRI	SAT
	-8am -10am -4pm -5pm -6pm	-8am -10am -4pm -5pm -6pm		-8am -10am -4pm -5pm -6pm	-8am -10am -4pm -5pm	

Position Training: Contact Your Coach

- Mister Alexander (<u>LB</u> Primary/DB Secondary): 832-517-9969

- Adrian Frye (**DB** Primary/LB Secondary): 713-576-9076

- Magic Robinson RB/QB: 713-449-6305

- Greg Timmons WR/TE: 713-799-3329

PRACTICE SCHEDULE UNTIL JANUARY

Location: Kleb Intermediate (7424 Louetta Rd., Klein, TX 77379)

SUN	WED	SAT
3pm	5pm	2pm

OUR COMPETITION STRUCTURE:

6 SELECT ELITE TOURNAMENTS

We are intentionally entering six total elite tournaments this season.

This structure allows us to:

- Protect athletes' bodies
- Avoid burnout
- Dedicate time between tournaments to real development
- Implement corrections based on tournament performance
- Build athletes who are ready for opportunities in summer camps + fall football

Why This Works Better Than Playing Too Many Tournaments

Teams that compete every weekend spend the majority of their time recovering, not improving. There is no time to correct mistakes, teach IQ, or build technique.

Our model prevents athletes from simply "playing through" bad habits. Instead, we use competition as a checkpoint—not the entire program.

We develop athletes first. We compete second. And because of that, we win in both areas.

SEASON FEE BREAKDOWN

One-Time Registration Fee: \$125 Total Due Immediately

- Uniform Package: \$115 + Zorts ID Card: \$10

Monthly Team Fee: \$225 1st Payment Due Dec. 1st

On-Time Fees (Due Immediately) \$125 or \$115	Team Fees: (Only 3 Payments)	Optional Add-On Cost
Team Registration Fee: - \$115 Zorts ID Card Fee: \$10	Team Fee: \$225/month - \$125= Athletic Development Training 3x/Week - 1 position session - \$100 = 2 Tournaments - Only 3 Payments	7on7 Club Training Discount: - \$25/Group Session
Zorts ID Card Sign Up Link: CLICK HERE	Info on team fundraiser coming soon.	Team Apparel Store will be available (Optional)

- <u>Training & Development</u>:
- up to 3 Athletic Development session every 4 weeks
- 1 Position Session every 4 weeks
- **Payment Schedule:** the 1st day of every month starting December 2026 or as soon as you would like.

COMMUNICATION TOOLS

We communicate through two platforms:

1. Email: Admin@MissingElementSports.com

Parents will receive all major announcements, schedules, deadlines, and updates by email.

2. SportsYou App

We use this for team messages, practice updates, media, and scheduling.

Team Passcode: LVRT-GMKS

Please download the app and join immediately after registration.

TEAM REGISTRATION & PAYMENT: CLICK HERE

SEASON FEE PAYMENT METHODS

We accept season fees through the following:

- Website Links To Payments After Registration: CLICK HERE
- **Zelle:** 832-517-9969
- <u>Venmo:</u> @MissingElementSPF
- Cash

70n7 INFORMATION PAGE

All information—including pre-season training and practice schedules, updates, forms, handbooks, and resources—can be found on our dedicated program page:

Click Here