

# SPRING BREAK PERFORMANCE TRAINING

Two Weeks. Limited Spots. Separation Season.

Missing Element Sports Performance & Fitness is offering exclusive Spring Break training opportunities. Athletes may register for one or both training windows/sections.

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<b>ATHLETIC DEVELOPMENT</b>	<b>\$75 (Up to 4 Sessions)</b>
Schedule	Mon/Tues/Thurs - 8AM, 10AM, 4PM, 5PM, 6PM
	Friday - 8AM, 10AM, 4PM, 5PM

**SECTION 1:** March 7 – March 15 [CLICK HERE TO PAY](#)

**SECTION 2:** March 14 – March 22 [CLICK HERE TO PAY](#)

REGISTER BY CLICKING BUTTON THAT CORRELATES

## Position-Specific Training:

- 3 Sessions – \$85 [CLICK HERE](#)
- 6 Sessions – \$150 [CLICK HERE](#)

REGISTER FOR POSITION TRAINING

## **FOOTBALL POSITION TRAINING SCHEDULE**

### **Wide Receivers**

LOCATION: Contact Coach Greg 713-799-3329 [Kleb Intermediate](#)

- **Mon, Wed, Fri: 10:00AM**
- **Sunday: 2:00PM**
- **Saturdays: 10:00AM**

### **Defensive Backs**

LOCATION: Contact Coach Frye - 713-576-9076

- **Mon, Tues, Thurs, Fri: 11:00AM**
- **Wednesdays: 10:00AM | 11:00AM | 4:00 PM | 5:00PM**

- **Sundays & Saturdays: 12:00 PM | 1:00 PM**

### **Running Backs**

LOCATION: Contact Coach Magic - 713-449-6305

- **Mon, Tues, Thurs, Fri: 11:00AM**
- **Tuesdays: 5:00 PM | 6:00 PM**
- **Thursdays: 5:00 PM | 6:00 PM**
- **Sundays & Saturdays: By Appointment**

### **Linebackers**

LOCATION: Contact Coach Mister 832-517-9969

- **Monday & Friday: 11:00AM**
- **Wednesdays: 11:00AM | 4:00 PM | 5:00 PM**
- **Sunday & Saturdays: 1:00 PM**

### **Offensive Line**

LOCATION: Contact Coach Mister 832-517-9969

- **Sunday & Saturdays: 11:00 AM**

### **Defensive Line**

LOCATION: Contact Coach Mister 832-517-9969

- **Wednesdays: 3:00PM | 6:00 PM**
- **Sunday & Saturdays: 12:00 PM**

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## **IMPORTANT:**

- Limited-time Spring Break offer
- Discount expires one week after each section ends
- Spots are limited to maintain elite training standards
- Athletes may register for both weeks

Spring Break can either build you... or set you back.